Upcoming Class

Dining with Diabetes Fall Online Course

Registration: Aug. 16- Sept. 15, 2021
Registration Link: https://tinyurl.com/22sktttex
Class Begins: Sept. 20 • Limited to 20 participants
Course Fee: $25

For details contact
Lori Wuellner,
Family and Consumer Sciences Agent
913-299-9300 ext. 107
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The Dining with Diabetes Online course is provided by Kansas State University Research and Extension educators and certified Dining with Diabetes course instructors and is designed for adults with type 2 diabetes, pre-diabetes, and their family members, caregivers, and support persons. This course helps individuals learn strategies to manage their diabetes through menu planning, carbohydrate counting, portion control, and label reading.

Kansas State University Agricultural Experiment Station and Cooperative Extension Service
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