

THE CLOVER CONNECTION



Monthly newsletter of the Wyandotte County 4-H Youth Development Program



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4-HERS MODEL CHANGE

Written by Jessie Carr, 4-H Youth Development Agent

As the ban on face-to-face K-State Research and Extension/4-H events is coming to an end, I know many of us are eager to jump back in to our normal 4-H club and project routines. As we begin to transition back into face-to-face settings it is important that we all continue to work together to keep one another safe.

We can do this by following social distancing protocols and guidelines set forth by our local and state health departments in addition to KSRE/4-H event guidelines. As 4-H'ers you have a great opportunity to serve as role models for others in our communities and beyond!

A COVID-19 meeting guide is attached at the end of the newsletter for tips moving forward.



WYCO & JOCO TO HOST VIRTUAL 4-H SUMMER CAMP

*Submitted by Molly Maddy,
WyCo 4-H Summer Intern*

While an online camp cannot replicate the fun we all have during 4-H Camp at Rock Springs, we hope to provide a unique experience for our camp participants that highlights the best of camp! During our time together, we will make crafts, learn about Kansas 4-H and sing our classic campfire songs. In addition to the live sessions, there will be pre-recorded sessions provided on the Johnson and Wyandotte County K-State Research and Extension webpages to view. During the pre-recorded sessions, campers will learn about 4-H and Kansas facts and also complete a hands-on craft activity.

- Registration:
<https://forms.gle/cGWgFNYjCz6Xhn168>
- Registration closes: July 6th
- Dates: July 13th and 14th for 3rd and 4th Grade
July 15th and 16th for 5th and 6th Grade
- Time: 6:30 - 7:30 p.m. each night
- Location: Zoom

MEET OUR SUMMER 4-H INTERN!

Hi everyone! My name is Molly Maddy, I am 22 years old and I am originally from Norton County, located in Northwest Kansas. I grew up on a farm with my 5 older siblings who were all involved in 4-H. I attended my first fair when I was only 1 month old, watching my brothers and sisters showcase their projects from my crib! While in 4-H, I participated in a wide-range of projects including; Sheep, Pig, Poultry, Foods, Photography, Arts & Crafts, Sewing and many more!

My 4-H roots led me to choose the Human Development and Family Science major at K-State University and I will be finishing my degree and graduating in December 2020. Some fun 4-H facts about me: I have never missed my hometown's county fair. When I was in 8th grade, I had a bucket calf named Tinkerbell and she still lives on our family farm today. I am eager to learn and grow through my internship experience this summer with Wyandotte County!

K-STATE
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To learn more about 4-H
Virtual Camp, visit our
[county website!](#)



2020 48 HOURS OF 4-H

Submitted by Debra Sweeten, WyCo 4-H Program Assistant

We hope every WyCo 4-H family will join us this fall in seeing just how much we can give back to our communities! The weekend after National 4-H Week, is the perfect opportunity to setup a service project. Invite your friends, clubs, adult volunteers, potential 4-H members and 4-H alums too!

- When: October 10-11, 2020
- Who: 4-H Members, 4-H Clubs, Friends, Adult Volunteers, Parents, 4-H Alumni



It's time to make plans for our WyCo 4-H Council and Clubs to participate. WyCo 4-H Council's planning committee has access to a 48Hrs website for a helpful guide, and to register our projects(s). Be watching for the Facebook Event to win some prizes and get excited about serving our communities. The link for t-shirt orders will be available in mid August. If we plan a big Community Project, then there are two pop up banners and one hanging banner from our state 4-H we could borrow. We would love to have those used this year. To be on the planning committee, please contact David Streit, 913-441-8558, davidstreit@hotmail.com.

**To learn more about 48
Hours of 4-H visit
the State 4-H website!**

“

“We make a living by what we get, but we make a life by what we give.”

- Winston Churchill

”



4-H YOUTH ENCOURAGED TO KEEP RECORDS THROUGHOUT THE YEAR

Submitted by Debra Sweeten, WyCo 4-H Program Assistant

4-H Youth are encouraged to complete Record Book information and KAP (Kansas Award Portfolio) information throughout the year. Record keeping is a life skill developed over time, and can be an essential part of 4-H and youth's success. Record Book & KAP details can be found [here](#).

THREE WYCO 4-H FAMILIES KSF GRAND DRIVE BOUND

Submitted by Jessica Cook, WyCo 4-H Sheep and Beef Project Leader

Three Wyandotte County 4-H families have nominated livestock to be exhibited at the 2020 Kansas State Fair Grand Drive. If you are in Hutchinson anytime between September 11th and the 13th, try to catch one of the shows to support your local 4-H friends! Check out the full Grand Drive schedule [here](#).



ONGOING COVID-19 MITIGATION GUIDANCE AFTER JULY 4

Submitted by Debra Sweeten, WyCo 4-H Program Assistant

In response to the COVID-19 outbreak in Kansas and to keep staff, participants, volunteers, and the public safe, K-State Research and Extension iterates that we must remain vigilant to keep the safety of the participants, volunteers, and public top priority as we transition back to face-to-face programming. Attached at the end of to this Newsletter is a new KSRE document, Ongoing COVID-19 Mitigation Guidance.

**All Facts.
No Hype.**



2020 AMERICAN ROYAL LIVESTOCK SHOW

Submitted by Jessica Cook, WyCo 4-H Sheep and Beef Project Leader

The preparations for the 2020 American Royal are underway and the tentative schedule has been set. With the American Royal Complex being relatively close, it is a great opportunity for our Wyandotte County youth to attend and see how shows are sorted at the National level. Sit in the audience and see how the animals are shown! Listen to what the judges say they are looking for! Walk through the barns and watch how the animals are being prepped! The full tentative schedule can be found [here](#).



Free Clinics

Check back in on the schedule often because Sullivan Supply and Weavers Livestock typically host FREE clinics throughout the event. These clinics cover daily care, show day prep, feeding tips, show ring tips, and many other great pieces of advice. The clinics usually last 30 minutes to an hour and often include many giveaway items! If you plan to show at the 2020 American Royal, once the entry information is available, you can find it [here](#). When you go, be sure to wear your 4-H t-shirts, and other 4-H logowear.

VET MED ROCKS TO HOST VIRTUAL SUMMER CAMP FOR YOUTH

Submitted by Joe Montgomery

Due to the COVID-19 pandemic, the Vet Med ROCKS summer day camp will take place in a virtual format this year — and it's free of charge. "We hope to still interact with campers through Facebook Live and present information on interesting topics, assign tasks to campers and allow campers to ask questions and upload photos of their projects for camp counselors to evaluate," said Michael Demmin, a third-year veterinary student and summer camp chair for Vet Med ROCKS, the Recruitment and Outreach Club of Kansas State, in the College of Veterinary Medicine. From Aug. 3-6, students in kindergarten through the eighth grade will have the opportunity to learn about a different system/organ every day. Participants will get to enjoy fun hands-on activities using household items to enhance learning about each day's topic. Each day will end with a live Q&A session where campers can ask questions to current K-State veterinary students about the daily topic or veterinary school. On Aug. 7, the club will host a virtual rounds session for high school and college students where clinicians will run through clinical cases. A Q&A session will also be conducted by admissions representatives and current students to get details of how to get into veterinary school and life as a vet student. Preregister [here](#) and follow the Vet Med ROCKS Facebook page for updates.

REPORTER'S CORNER

The latest updates from 4-H Community Clubs and Countywide 4-H Projects submitted by 4-H youth leaders

Minutes of the June 18, 2020 Wy County 4-H Council Prepared by Debra Sweeten, 4-H Program Assistant

The regular meeting of the Wyandotte County 4-H Council meeting was held June 18, 2020 by Zoom.

The meeting was called to order at 7:03pm by Chandler Harris, Council President. Pledges were led by Chandler Harris. Roll was taken by having each attendee state their name, club and a favorite 4-H project. Number in attendance was: 3 Youth, 7 Adults.

Secretary's Report: there were no minutes of the last 4-H Council meeting, February 20, 2020.

Treasurer's Report: in absence of the Treasurer, the report was given by Chandler Harris, Council President:

February Beginning Balance: \$7,081.78 Deposit/Credit \$ 0.00 Checks/Debits \$ (80.04) Service Charge \$ (3.00)
March Begin Balance: \$6,994.74 Deposit/Credit \$ 0.00 Checks/Debits \$ (73.95) Service Charge \$ (3.00) Ending Balance \$6,917.79
April Beginning Balance: \$6,917.79 Deposit/Credit \$ 0.00 Checks/Debits \$ (0.00) Service Charge \$ (3.00)
May Beginning Balance: \$6,914.79 Deposit/Credit \$ 0.00 Checks/Debits \$ (5.00) Return/Undeliverable Mail charge, Service Charge \$ (3.00)
Ending Balance \$ 6,906.79

Motion to approve the treasurer's report was made by Bridget and 2nd by Delaney. The motion to approve the treasurer's report passed.

Committee Reports:

Finance Committee, Fundraiser Taco Dinner –

- Ruby, 4-H Council Treasurer, Chair of Finance Committee & Della Tounzen, Co-Chair, were not in attendance but emailed this report: "spoke to the church about the taco dinner and at this time, as long as something doesn't come up and change it, they are okay with 4-H still holding the dinner there."
- Help needed. To help with planning, supplies, promoting, and with the event, contact Della Tounzen or Jessie Carr.
- Questions and discussion ensued about the COVID-19's impact on how we manage the fundraiser. Is it worthwhile for us to plan it this year, considering the extra costs that will be associated, such as all costs of additional supplies for safety procedures for C-19 precautions, disinfectants, masks, to-go boxes and related supplies? Ideas were shared about making it a Drive Thru / Carry Out Fundraiser. A lot of the supporters last year were elderly, which are high risk for C-19, so they likely won't come to it this year. There were questions about whether or not supplies could be donated this year by supporters.
- We need to heavily promote this fundraiser, regardless of which method is chosen. It was suggested that we need a way for supporters to place their order and pay for it before we purchase supplies, so we know how many meals to prepare.
- Discussion shifted to pushing the date out to September, to give us more time to prepare and promote. If pushed to September, and that high school sports events causes one to think of hamburgers and hot dogs (not tacos), then could we consider having hamburgers and hot dogs instead of tacos?
- Outcome and action: Chandler, 4-H Council President, will draft an email to WyCo 4-H Families and send it to Jessie Carr, 4-H Agent, who will review it and send it to families

National 4-H Week & 48Hrs of 4-H –

- David Streit volunteered to be the adult Co-Chair, and he said either Mikey or Andrew will be Youth Chair. They've asked the WyCo Historical Museum for suggestions for a community service project this fall. We hope every WyCo 4-H family, friends and community will join in our 4-H Council Community Service Project, the weekend of October 10-11.
- To volunteer to be on the planning team, contact David Streit, 913-441-8558, davidstreit@hotmail.com

Agents Report: Jessie Carr gave an update of WyCo 4-H Summer Showcase plans; for the WyCo 4-H Newsletter, asked that 4-H members, clubs and projects email to dsweeten@ksu.edu articles of interest, project highlights, achievements and growth during project work, secretary reports, club activities, and the like; use caution with Zoom and other Social Media when youth are involved, follow the guidelines recently published by K-State and recently emailed to all WyCo 4-H Families, and will be published in the July Newsletter.

Old Business: Attendance to 4-H Council Meetings – at the February 20, 2020 4-H Council meeting there was discussion about how to get better attendance at the Council meetings. The outcome of that discussion was to create and implement a Point System, resulting in awards, for showing up to meetings and events. No action has been taken.

New Business: Revitalized WyCo 4-H Newsletter – this includes involvement of clubs, projects, committees, and 4-H families. eMail articles to Debra Sweeten at dsweeten@ksu.edu by the 22nd of each month.

Announcements:

- 4-H Council Meetings are held quarterly, 3rd Thursday, at 7:00pm, at Extension Office. 2020, dates are: February 20, June 18, August 20, October 15. NOTE: The Council By-laws states: Article III Meetings - meetings shall be held on the third Thursday of February, June, August, October at 7:00pm. This schedule was effected 10/2018.
- 4-H Council Executive Board Meetings are held two weeks prior to the Board meetings, at the KSRE WyCo Extension office, at 6PM. 2020 dates are: February 6, June 4, August 6, October 1.
- Agenda items – if you have topics you want to discuss or items that need a motion, then email Debra Sweeten, dsweeten@ksu.edu, at least two weeks prior to the 4-H Council meetings, so we can get it to the 4-H Council Executive Board and on the agenda.

Adjourn: Motion to adjourn the meeting was made by Bridget, 2nd by Delaney, and approved. Meeting adjourned at 7:40pm.

Contribute to the Newsletter

Your articles and pictures can be featured in the Newsletter, and our Wyandotte County 4-H Facebook page.

We ask you to limit the article to 200 words and it must be submitted to Debra Sweeten at dsweeten@ksu.edu by the 20th each month.

For more Community Club and Project information visit our county extension website

WYANDOTTE COUNTY 4-H REMINDERS

Don't forget these important tasks in July

JULY TASKS

- July 15 - Deadline for WyCo 4-H'ers to submit the WyCo 4-H collection form for Ks St Fair (KSF) Exhibits to Debra Sweeten, dsweeten@ksu.edu. If your WyCo 4-H Showcase exhibit qualified for KSF, and you want to exhibit it at the KSF, then you must submit the WyCo collection form to Debra Sweeten.
- July 15 - Volunteer Hours reports due from all WyCo 4-H Volunteers, for hours volunteered April 1 – June 30, to Debra Sweeten, dsweeten@ksu.edu.
- July 15 - Kansas State Fair Grand Drive (Livestock) Entries are due and Open Show Entries are due August 15. More information can be found [here](#).



4-H Summer Showcase (aka Fair) details can be found in our 4-H [website](#)



Volunteer Tracking Worksheet can be found [here](#).

4-H SUMMER SHOWCASE GOES VIRTUAL

By Jessie Carr, 4-H Youth Development Agent

It has been so wonderful to see the entries we've received for our virtual 4-H Summer Showcase! Despite the challenges it is really encouraging to see that our youth and families are responding and adapting to change. We are excited to be able to share photos of everyone's projects over the next couple of weeks!



GOT QUESTIONS?

Contact
Debra Sweeten
4-H Program Assistant
dsweeten@ksu.edu

**CONNECT
WITH
US!**



Wyandotte County 4-H

K-STATE
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County Website

Jessie Carr
4-H Youth Development Agent
913-299-9300 ext. 105
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Ongoing COVID-19 Mitigation Guidance



Volunteers and professionals need to consider the needs of their audience and make reasonable adjustments to the program to best engage the needs of learners with these guidelines in mind. For example, streaming a meeting or providing virtual engagement between meeting dates.

In response to the COVID-19 outbreak in Kansas and to keep staff, participants, volunteers, and the public safe, K-State Research and Extension made the difficult decision to suspend all face-to-face programming through July 4, 2020. All 4-H events, contests and activities that were planned at the state, regional, district, county and local levels were postponed, canceled or converted to non-face-to-face experiences, including programs led by local 4-H volunteers.

TRANSITIONING BACK TO FACE-TO-FACE PROGRAMMING AFTER JULY 4

We must remain vigilant to keep safety of the participants, volunteers, and public top priority as we transition to face-to-face programming. Community volunteer leaders must consider the following but note that **no participant should be asked to participate in any manner that makes them feel uncomfortable or is unsafe.**

- Can the program be offered using a virtual platform?
- Are there participation options for families interested participating but concerned about the health/safety of their family?
- What precautions are you taking to minimize the participants' risk of exposure to COVID-19?
- Have you communicated public health etiquette to be practiced at the 4-H program?
 - Stay home if you have tested positive, are showing COVID-19 symptoms, or had close contact with a person with COVID-19 in the last 14-days.
 - Practice hand hygiene and respiratory etiquette:
 - Frequently wash hands with soap and water for at least 20 seconds. If soap and water is not readily available use hand sanitizer with at least 60% alcohol.
 - Cover cough and sneezes with a tissue or use the inside of your elbow.
 - Use Cloth face coverings.
 - Maintain a 6-ft distance with others as much as possible.

GUIDELINES FOR 4-H YOUTH PROGRAMMING

PRIOR TO THE PROGRAM

- Clean and disinfect surfaces and objects that are frequently touched and establish a plan for cleaning and disinfecting every hour.
- Provide access to hand-washing stations with soap, hand sanitizer with at least 60 percent alcohol, paper towels, tissues, disinfectant wipes, cloth face coverings, and no-touch trash cans as feasible.
- Modify layouts: Space seating at least 6-ft apart.

DURING THE PROGRAM

- Reduce the physical closeness of participants and the length of time they are close to each other or to leaders
- Model and encourage the use of cloth face coverings.
- Reduce the amount of necessary touching of shared equipment/materials
- Whenever possible, group participants/volunteers from the same household together.
- Discourage handshakes, hugs or any other signs of greeting that violate physical distancing.
- Limit sharing of items that are difficult to clean, sanitize, or disinfect.
- Circulate outdoor air as much as possible.
- Prioritize outdoor activities where social distancing can be maintained as much as possible.
- Food: If providing food at an event, provide pre-packaged boxes or bags for attendees instead of a buffet or family-style meal.
- Keep a record of participants' contact information.

RESOURCES

The information was gathered from the CDC website:

- Guidance for Youth Programs: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/index.html>
- Prevention: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/index.html>
- Avoid contact for 14 days: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/care-for-someone.html> “Caregivers can leave their home 14 days after their last close contact with the person who is sick (based on the time it takes to develop illness), or 14 days after the person who is sick meets the [criteria to end home isolation](#).”

Kansas State University Agricultural Experiment Station and Cooperative Extension Service

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June 2020

COVID-19 4-H Meeting Guidelines



Volunteers and professionals need to consider the needs of their audience and make reasonable adjustments to the program to best engage the needs of learners with these guidelines in mind. For example, streaming a meeting or providing virtual engagement between meeting dates.

The health and safety of all 4-H members, volunteers, parents, guests, and staff is the top priority of Kansas 4-H. To help reduce the risks associated with the spread of COVID-19, the following guidelines from the Kansas Department of Health & Environment and the Centers for Disease Control (CDC) should be followed to protect yourself and others during 4-H Club meetings and other 4-H programs:

1. Stay home when sick and avoid contact with other people unless you need medical attention.
2. Follow common-sense steps such as washing your hands often and well; covering your coughs and sneezes; and cleaning and disinfecting.
3. If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol.
4. Avoid touching your eyes, nose, and mouth with unwashed hands.
5. Avoid close contact with people by staying at least 6 feet apart.
6. Wear cloth face coverings in public settings where social distancing is difficult to maintain.
7. [Wipe down all common surfaces](#) as recommended by the Center for Disease Control (CDC). Common surfaces include tables, counters, doorknobs, light switches, countertops, handles, phones, keyboards, toilets, faucets, chairs, etc.

To help safeguard the health and safety of our members and volunteers, the following guidelines should be followed for all 4-H meetings.

BEFORE YOUR 4-H MEETING

- Can the program be offered using a virtual platform? OR Are there participation options for families interested participating but concerned about the health/safety of their family? If NOT then...
- I know the recommended number of attendees in the space I plan to use.
 - Ensure that no more than _____ people are in attendance. This number should follow the guidance of the current local Directive Health Measures.
 - The number needs to include everyone (volunteers, parents, members, siblings, guest speakers, etc.)
- I have encouraged participants to stay home if they are exhibiting COVID-19 symptoms, have had contact with someone with COVID-19 positive test or symptoms or are at risk of exposure
 - This includes:
 - Considered at high risk themselves or if they live or work with individuals at high risk. (age 65+, are immunocompromised, or have other health factors identified by the CDC that increase risk if being exposed)
 - Exhibiting COVID-19 symptoms, which include fever, cough, and shortness of breath
 - Have had known contact with anyone with COVID-19 symptoms in the 14 days prior to the meeting
- I have provided signage to educate those at my meetings
 - Create and prepare any signs or documents that will be used at the event communicating procedures like, checking in, information for parents, expected times, reminders to wash hands/sanitize, etc.
 - Contact your local extension office for signage.

PREPARING FACILITIES FOR A 4-H MEETING

- I have ensured the size of the room or facility is large enough to allow for the number of expected attendees and to allow for social distancing.
 - This should be in accordance with current guidelines of the local Health and Human Services Department.
 - Keep in mind what would be developmentally appropriate for the ages in your club. For instance, clover kid age level youth may have more of a challenge understanding distancing and sanitizing.
 - Space tables, chairs, shooting points, etc. farther apart to ensure social distancing (at least 6 ft. apart).
- I have properly sanitized the space and all areas we plan to use.
 - Wipe down all common surfaces as recommended by the Center for Disease Control (CDC). See number 7 in the previous guidelines.

WHEN EVERYONE ARRIVES

- I reminded participants of meeting expectations like maintaining appropriate distancing and reducing the items in the room they touch.
 - Have a “check-in” process in place and follow it - include providing hand-washing location, hand sanitizer, and directions for where to wait until activity starts to ensure practicing social distancing, etc.
- To support safety practices, I collected information and I did not ask participants to pass papers and share pens.
 - Take attendance. Be sure to write down the names of EVERYONE that attended and the date. File this, and any meeting attendance list, in an easy to find location.

DURING THE 4-H MEETING

- The meeting was planned and formatted to allow for social distancing and limiting potential exposure.
 - Maintain social distancing (6 feet) throughout the meeting or activity by households. You may need to be creative with different ice-breaker activities, roll-calls, etc.
 - Ensure a protocol is in place and followed for use of any type of equipment. This may require planning of sanitizing equipment between uses. This is especially important for shared equipment like sewing machines, firearms, clippers, pencils, crayons, etc.

AFTER THE 4-H MEETING

- I have a plan in place for youth who have not yet left the space.
 - Provide activities for individual youth to do while awaiting their pick-up. These could be handouts, games, etc, that do not involve contact with each other.
- I have properly disinfected the entire space utilized and properly prepared it to be used again.
 - Think about the additional spaces that may have been used such as bathrooms, walkways, trashcans, any panels/additional buildings or equipment, etc. and ensure all are cleaned and disinfected properly.
 - Wipe down all common surfaces with a disinfectant as recommended by the Center for Disease Control (CDC). See number 7 in the previous guidelines.

SHOULD YOU HAVE FOOD AT YOUR MEETING?

At this time we recommend food or snacks not be provided as part of 4-H meetings.

SUMMARY

As a volunteer, your health and that of our youth members is of utmost importance and as such some engagement may be minimized at the request of a Kansas 4-H staff and/or volunteers based on a health concerns associated with COVID-19.

By following the above best practices, we hope to offer more opportunities for youth to interact face-to-face, within parameters provided by county health officials. If you have any questions, please contact your local extension office.

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Document sourced from COVID-19 Meeting Guidelines produced by Nebraska 4-H.

June 2020