

THE EXTENSION CONNECTION

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DIRECTOR'S NOTE

DR. NOZELLA BROWN COUNTY EXTENSION DIRECTOR

Welcome Summer! The warm weather, the opening of businesses and the return to some normal activities feels good on these sunny, warm summer days. We're smiling more—especially because more community members are visiting our office and more community partners are resuming their programs and services. It's good to get back out into the community. Take advantage of our classes, workshops, resources and experts as you safely enjoy the myriad of activities our community offers to improve your quality of life. Drop by and see me anytime.

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WHAT IS AN EXTENSION OFFICE?

NICOLE CROSSON, PUBLIC INFORMATION OFFICER

We are often asked "what is an extension office?" Cooperative Extension offices serve as the bridge between state-schools and local communities to provide research-based education and information to residents in a community.

In 1914 the Smith Lever act was created, and thus the Cooperative Extension Service was born. Think of local Extension Offices, as a satellite campus right in your community. We are a direct extension of resources and education from Kansas State University located in Wyandotte County. Each county in Kansas has a similar Extension Office. The advantage of these offices you may ask? Each office is able to tailor educational content to the immediate and direct needs of their specific community.

Our office houses local experts, called Extension Agents, who are trained and deliver research-based curriculum from not only Kansas State University, but from a national network of Cooperative Extension educational institutions.

We currently have Extension Agents in the following areas:

- Community Vitality
- Family and Consumer Sciences
- 4-H Youth Development
- Horticulture

We also have staff who deliver the following federally-funded programs:

- Supplemental Nutrition Assistance Program Education (SNAP-Ed)
- Expanded Food and Nutrition Education Program (EFNEP)

Our staff welcome the opportunity to share their knowledge, and can be reached by phone, email or on our facebook page. Contact information is located on the last page of our newsletter.



During a strategic planning process with stakeholders, K-State Research and Extension identified five grand challenges facing every Kansan: global food systems, water, health, community vitality and developing tomorrow's leaders.

COOPERATIVE EXTENSION TIMELINE

- 1862 The Morrill Act was passed paving the way for a land–grant university in every state.
- 1863 Bluemont College was renamed the Kansas State Agricultural College.
- 1887 The Kansas Agricultural Experiment Station was created at Kansas State Agricultural College under the provision of the Hatch Act.
- 1914 The Smith-Lever Act created the Cooperative Extension Service.
- 1915 The Kansas Legislature passed the County Farm Bureau Law that provided funds to implement the county extension program.
- 1951 Kansas Legislature revised the law making the county extension program the cooperative responsibility of the county extension council and Kansas State University.
- 1959 The university's name was officially changed to Kansas State University of Agriculture and Applied Science.
- 1991 Kansas Extension District Law passed by the state legislature which paved the way for two or more county Extension councils to form Extension districts.
- 1996 The Kansas Agricultural Experiment Station and Kansas Cooperative Extension Service merged to form the Kansas State University Agricultural Experiment Station and Cooperative Extension Service, also known as K-State Research and Extension.

DR. NOZELLA BROWN, COMMUNITY VITALITY AGENT

K-State Research and Extension offers low-cost Grant Writing Workshops for community members. Because the workshops are online, it doesn't matter where you're located. Simply choose the workshop that suits you best. The upcoming workshops are: August 25 & 27, 9 a.m. noon and September 14-15, 1-4 p.m.

Each 6-hour workshop costs \$60 and consists of synchronous instruction, including small group work, and many downloadable resources including "Data to Document Your Need" and "Sources of Grant funding." Registration and payment are online.



To learn more about these upcoming grant workshops or other ways to support community vitality in WyCo, visit our county extension website, or contact Dr. Nozella Brown, County Extension Director/Community Vitality Agent, 913–299–9300 ext. 110, nlbrown2eksu.edu.

JESSIE CARR, 4-H YOUTH DEVELOPMENT AGENT

Summer is a busy time for everyone, especially 4–H members! 4–H'ers spend tremendous amounts of time preparing for fair. From perfecting cookie recipes, to practicing speeches, to walking pigs and everything in between – 4–H'ers are hard at work!

This year we had over 1,000 entries in 4–H divisions. This includes static entries (non-animal), small and large livestock and horses too. You can view the results <u>here</u>.

None of our 4-H events would be possible without the support of our 4-H volunteers, supporters and more.



Thank you all for your part in helping us build a successful 4-H program in Wyandotte County. If you'd like to learn more about 4-H and how you can support our program, contact us today!

Contact: Jessie Carr, 4-H Youth Development Agent, 913-299-9300 ext. 105, carrjessie@ksu.edu

LAUREN COOPER,
EXPANDED FOOD NUTRITION EDUCATION PROGRAM
(EFNEP) NUTRITION ASSISTANT

Community:

·Always add vegetables to your plate, learn all about this important food group here!

Classes:

- ·In–person classes kick off this month at the Central Vibrant Health Clinic!
- ·A virtual series begins with the West Wyandotte Library this month!

Contact:

- Lauren Cooper, Nutrition Assistant at lacoopereksu.edu or (913) 299-9300 ext.121
- Learn more about EFNEP here



PAMELA STOVALL, SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM EDUCATION (SNAP-ED) NUTRITION EDUCATOR

Children do not get enough credit for their ability to work in the garden. As adults, we can encourage our young gardeners to explore gardening with their senses by smelling and feeling the plants and soil. There are also other ways for them to observe in more detail by using a magnifying glass or listening to plants with a stethoscope. Encourage them to compare the differences and similarities they notice in size, shape and color. Many of the gardening chores can be easily done by the young gardeners. Involve them in things like transplanting plants, digging holes, picking fruits and vegetables, and planting large seeds.



Remember, a child's interactions with the garden will change as they get older. To learn more about our free classes, contact me at 913–299–9300, ext. 111, parelif@ksu.edu.

DR. CHIQUITA MILLER, FAMILY AND CONSUMER SCIENCES AGENT

The Wyandotte County Back to School Fair is an annual fair where Wyandotte County students receive school supplies, backpacks, immunizations, and community resources in addition to health screenings, at NO COST. A planning committee composed of volunteers from various non-profit and for-profit entities work collaboratively to fundraise and coordinate the activities of the fair. All financial, and in-kind support received is used to purchase backpacks and supplement school supplies.

Due to Covid-19, the committee had to cancel the 2020 Back to School Fair, but this year it's coming back.



Lynnette Booker K-State Research and Extension-WYCO Board member and Chiquita Miller FAC'S Agent, both serve as registration co-chairs for this annual event.

If you would like more information please, visit www.facebook.com/WyandotteCountyBackToSchoolFair or contact the Kansas City, Kansas School Foundation office at 913-627-2655.

LORI WUELLNER, FAMILY AND CONSUMER SCIENCES AGENT

From spring into fall, farmer's markets provide a variety of fresh produce as well as many other foods. Many people believe locally grown fruits and vegetables are completely safe.

Unfortunately, several cases of foodborne illness have related to fruits and vegetables. For more information on shopping safety at Farmer's Markets check out this <u>K-State publication</u>.

ServSafe is another educational approach to learning the foundations of important food safety measures in the workplace, as a volunteer and other settings where food is involved.



I will be offering this class on August 18th at 1:00 p.m. for \$15.00 at the Wyandotte County K-State Research and Extension Office. To learn more about the ServSafe program or to register for the upcoming class, visit our <u>county extension website</u>.

For more information contact Lori Wuellner, lwuellne@ksu.edu, 913-299-9300.

LYNN LOUGHARY, HORTICULTURE - LAWN AND GARDEN

Annual Wyandotte County Extension Master Gardener Training is open for registrations!

- **Who**: Any Wyandotte County resident with an interest in horticulture can apply for the Extension Master Gardener Program. If you want to improve your skills and knowledge and you like to work with people, the Extension Master Gardener Program may be for you.
- What: Annual training series to enhance gardening knowledge and skills
- When: September 21 November 2, 2021
- Where: National Agriculture Hall of Fame, 630 N 126th St, Bonner Springs, KS 66012; potential Zoom classes
- Cost: \$125; includes all training materials and classes



Janet Winkler, WyCo Extension Master Gardener, at the Turner Community Gardens. **Photo: Lynn Loughary**

If you're ready to fill out an <u>application form</u> to become a WyCo Extension Master Gardener, visit our <u>county website</u> for form and information, or contact Lynn Loughary, Horticulture Agent, 913–299–9300 ext. 104, lloughareksu.edu.

UPCOMING EVENTS

- July 26: <u>FACS Program Development</u> <u>Committee Special Summer Meeting</u>
- Aug 5: <u>Transformation of Superfund Site</u> to Pollinator Habitat
- Aug 10-Sept 23: <u>Stay Strong, Stay Healthy Hybrid Class</u>
- Aug 18: ServSafe Food Handling Course
- **Sept. 2**: <u>Low maintenance houseplants</u> and <u>succulents</u>

Kansas State University Agricultural Experiment Station and Cooperative Extension Service

K-State Research and Extension is an equal opportunity provider and employer. Kansas State University is committed to making its services, activities and programs accessible to all participants. If you have special requirements due to a physical, vision, or hearing disability, contact Wyandotte County K-State Research and Extension, 913-299-9300.

CONNECT WITH US

Wyandotte County K-State Research and Extension Office 1216 N 79th St. Kansas City, KS 66112 913–299–9300



Wyandotte County K-State Research and Extension



<u>Wyandotte County 4-H</u>



Wyandotte County Master Gardeners



www.wyandotte.k-state.edu



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