

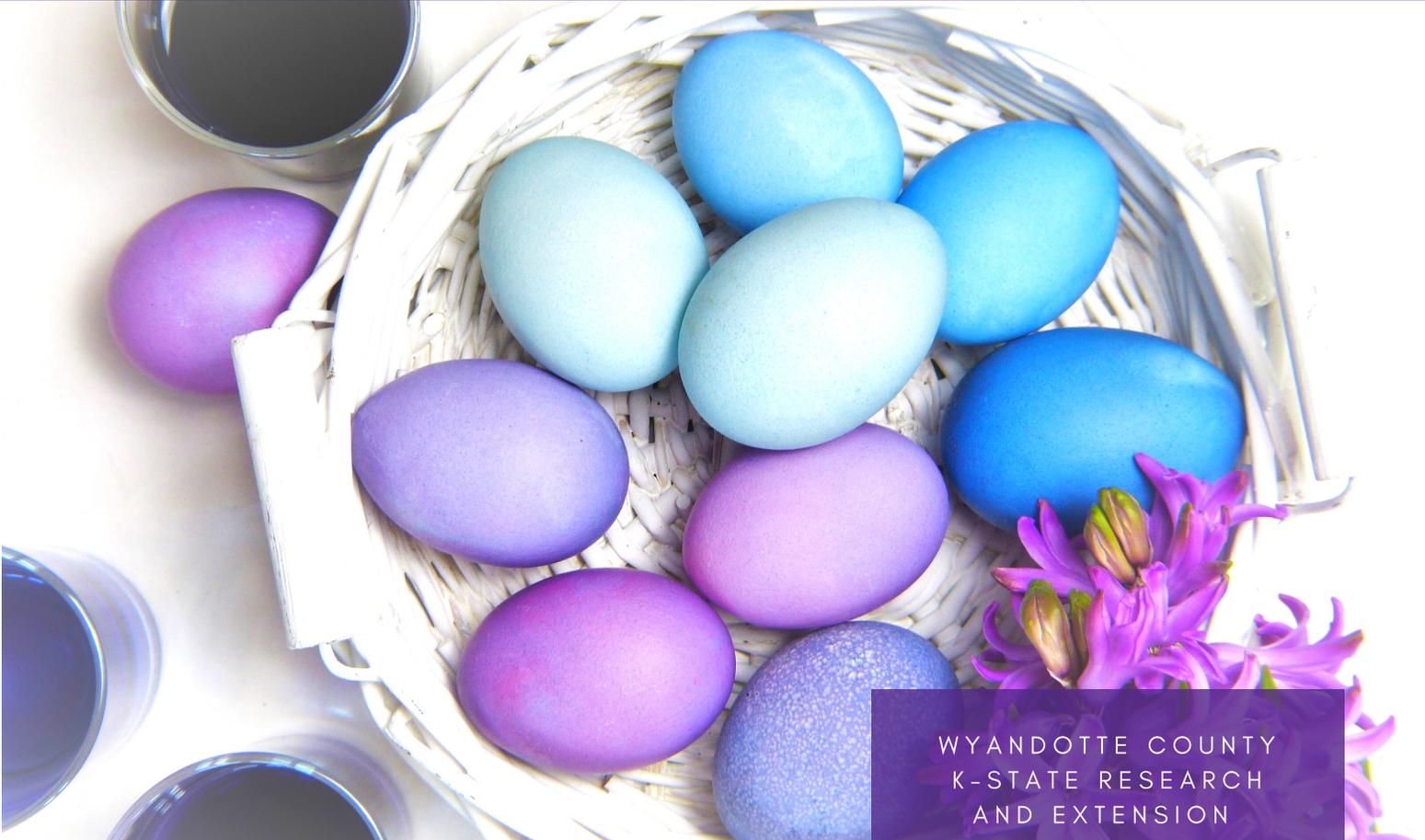
THE EXTENSION CONNECTION



K-STATE
Research and Extension

Wyandotte County

ISSUE 20 • APRIL 2022



WYANDOTTE COUNTY
K-STATE RESEARCH
AND EXTENSION
NEWSLETTER

DIRECTOR'S NOTE

LORI WUELLNER,
INTERIM COUNTY EXTENSION DIRECTOR

"To provide leadership in education through evidence based, culturally appropriate programs and information that improves the quality of life for all citizens." Does this sound familiar? It's our local mission statement which can be found on our webpage. This can only be accomplished by adapting to and embracing change, and it happens at all levels including personnel. Our team will have a new Local Unit Director as of April 4 when we welcome Denise Dias! Denise brings to our county extensive Extension experience which will enable her to make a smooth transition and adapt to a new environment. Please join us in welcoming Denise to Wyandotte County K-State Research & Extension.

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APRIL EXTENSION DEPARTMENT UPDATES

JESSIE CARR,
4-H YOUTH DEVELOPMENT AGENT

One principle of positive youth development is based on the benefit of a positive, sustained relationship of the young person with a caring adult. Youth gain the confidence, connections, and caring they need to achieve their potential. 4-H Youth Development wouldn't be 4-H Youth Development without volunteers! Volunteers are valuable asset to our youth and community, whether a short-term or long-term volunteer.

National Volunteer week is celebrated April 16-23. During this week volunteers of all types are celebrated for the amazing work they do within our communities. National Volunteer week is also a prime time to learn more about ways to make a difference in the lives of youth.

If you are interested in learning more about volunteer opportunities with Wyandotte County 4-H, you can visit the [Volunteer Resources](#) tab on our website or contact 4-H staff today! We are always seeking volunteers and look forwarding to working with you!

For more information contact Jessie Carr, 4-H Youth Development Agent, 913-299-9300 ext. 105 or carrjessie@ksu.edu



We're Hiring! 4-H Program Assistant

- Full-time
- Benefits
- Pay commensurates with experience

K-STATE
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APRIL EXTENSION DEPARTMENT UPDATES

DR. CHIQUITA MILLER,
FAMILY AND CONSUMER SCIENCES AGENT

Get Financially Prepared: Take Steps Ahead of Disaster

Disasters such as the tornadoes, hurricanes, fires, floods, have been significant news stories in the past few years. Would you have been prepared to take action if you were in one of those situations? Taking necessary financial steps to prepare before and after a disaster is essential. I would strongly encourage you to research disaster planning options, ensuring your family, homes, pets, are in the best position to recover before a disaster strikes.

To be prepared, you should also have a household inventory, check your insurance coverages, and prepare a grab and-go bag/box. After a disaster, documentation is critical and keeping all of your receipts.

Following these basic steps will place you and your family in the best financial situation. Waiting until a disaster has occurred may be too late and can cause more hardship. Please review other helpful tips on the [ready.gov](https://www.ready.gov) site.

For more tips on how to prepare for a natural disaster contact: Dr. Chiquita Miller, Family and Consumer Sciences agent, 913-299-9300 ext. 106, chmillereksu.edu

LORI WUELLNER,
FAMILY AND CONSUMER SCIENCES AGENT

Living Well Wednesday

Recently Extension Specialist, Sharolyn Jackson, and myself presented a lesson the MIND diet and Walk Kansas as part of the Living Well Wednesday series.

These 30-minute virtual learning series were hosted by K-State Research and Extension, Family and Consumer Sciences (FCS) professionals from across the state of Kansas. Topics range from "The Five Languages of Appreciation" and "Preparing Your Finances for Times of Disaster" to "The MIND and Walk Kansas" and more. You can find the recorded webinars [online here!](#)

For more information contact Lori Wuellner, Family and Consumer Sciences agent, lwuellne@ksu.edu, 913-299-9300.

Are you financially prepared for an emergency situation?



LIVING
WELL
Wednesdays



APRIL EXTENSION DEPARTMENT UPDATES

LYNN LOUGHARY,
HORTICULTURE - LAWN AND GARDEN

Be sure to save the date for these upcoming events!

- **April 7:** Climate Change and You! Presented by Frank Reilly, Senior Consultant, Logistics Management Institute, 11:30 a.m. - 1 p.m. [Register online here.](#)
 - Many speakers talk about the gloom and impact of climate change, but few offer in-depth, specific advice about logical plant choices and landscape decisions.
- **April 29-30:** Wyandotte County Extension Master Gardener Plant Sale, Friday, April 29th 9:00 a.m. - 5:00 p.m. Saturday, April 30th 9:00 a.m. - 2:00 p.m.
 - Get your vegetables, herbs perennial and native flowers grown by our Extension Master Gardeners! Catalogue of available items will be posted on our website during the two weeks before the sale. At this time, we do not know if customers will be able to shop in-person, or if we will have a virtual sale with the online catalogue and ordering as we've done the past 2 years. Please check our website frequently for the most recent information.



If you have any lawn and garden questions, reach out to Lynn Loughary, Horticulture Agent, 913-299-9300 ext. 104, lloughareksu.edu.

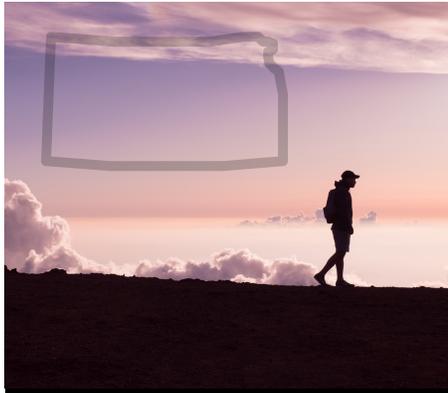
We're Hiring! Nutrition Program Assistant

- Full-time
- Pay commensurates with experience

Kansas State University is a an equal
opportunity employer



APRIL EXTENSION DEPARTMENT UPDATES



**Walk Kansas
registration opens
March 1**

**Program begins
March 27**

**Learn more on our
website or contact our
office, 913-299-9300**



**Volunteer Income Tax
Assistance (VITA) Program**

Did you know we offer a program to help with tax preparation for those who make under \$55,000?

Questions about the program contact, Dr. Chiquita Miller, Family and Consumer Sciences agent, 913-299-9300 ext. 106



**RADON TESTING KITS
AVAILABLE AT OUR
OFFICE**

**Purchase your low-cost
kit and learn more on our
county website.**

**Contact our office with
any questions
913-299-9300**

UPCOMING EVENTS

- **March 4- April 1** - Walk KS Registration Open
- **April 7** - Climate Change and You!
- **April 13** - ServSafe Course
- **April 29-30** - WyCo Ext. Master Gardener Plant Sale

**Remember, soil tests and radon tests are always available for purchase!
Contact us today, 913-299-9300.**

Kansas State University Agricultural Experiment Station and Cooperative Extension Service

K-State Research and Extension is an equal opportunity provider and employer. Kansas State University is committed to making its services, activities and programs accessible to all participants. If you have special requirements due to a physical, vision, or hearing disability, contact Wyandotte County K-State Research and Extension, 913-299-9300.

Wyandotte County K-State
Research and Extension Office
1216 N 79th St.
Kansas City, KS 66112
913-299-9300



[Wyandotte County K-State
Research and Extension](#)



[Wyandotte County 4-H](#)



[Wyandotte County
Master Gardeners](#)



www.wyandotte.k-state.edu



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JULY EXTENSION DEPARTMENT UPDATES

DR. NOZELLA BROWN,
COMMUNITY VITALITY AGENT

We often hear the question, "what is an extension office?" Cooperative Extension offices serve as the bridge between state-schools and local communities to provide research-based education and information to residents in a community.

In 1914 Smith Lever act was created, and thus the Cooperative Extension Service was born. Think of local Extension Offices, as a satellite campus right in your community. We are a direct extension of resources and education from Kansas State University located in Wyandotte County. Each county in Kansas has a similar Extension Office. The advantage of these offices you may ask? Each office is able to tailor educational content to the immediate and direct needs of their specific community while working toward the five grand challenges.

Our office houses local experts, called Extension Agents, who are trained and deliver research-based curriculum from not only Kansas State University, but from a national network of Cooperative Extension educational information.

We currently have Extension Agents in the following areas:

- Community Vitality
- Family and Consumer Sciences
- 4-H Youth Development
- Horticulture; Lawns & Gardens

We also have staff who deliver the following federally funded programs:

- Supplemental Nutrition Assistance Program Education (SNAP-Ed)
- Expanded Food and Nutrition Education Program (EFNEP)



During a strategic planning process with stakeholders, K-State Research and Extension identified five grand challenges facing every Kansan: global food systems, water, health, community vitality and developing tomorrow's leaders.

THE CEO'S MESSAGE

BY BRAYN RICE

With this layout's easy-to-follow design, creating content for your newsletter will be as easy as ever. Make sure you place wisely by using pictures and

"GREAT SPACE TO TALK ABOUT YOUR EMPLOYEES' GENUINE CONCERNS SUCH AS COMPANY UPDATES, EVENTS AND PERKS"

creating this newsletter, it'll be helpful to keep in mind that the focus should be on the employees more than anything. While it's

1862 - The Morrill Act was passed paving the way for a land-grant university in every state.

1863 - Bluemont College was renamed the Kansas State Agricultural College.

1887 - The Kansas Agricultural Experiment Station was created at Kansas State Agricultural College under the provision of the Hatch Act.

1914 - The Smith-Lever Act created the Cooperative Extension Service. The Kansas Legislature passed the County Farm Bureau Law that provided funds to implement the county extension program.

1951 - Kansas Legislature revised law making the county extension program the cooperative responsibility of the county extension council and Kansas State University.

1959 - The university's name was officially changed to Kansas State University of Agriculture and Applied Science.

1991 - Kansas Extension Districts were passed by the state legislature paving the way for two or more extension councils to form Extension districts.

1996 - The Kansas Agricultural Experiment Station and Kansas Cooperative Extension Service merged to form the Kansas State University Agricultural Experiment Station and Cooperative Extension