



HEALTHIER SAMPLE SACK HUNGER DONATION DRIVE PACKAGES

breakfast

- Oatmeal
- Canned fruit or 100% fruit juice

lunch

- Canned tuna
- Mayonnaise
- Canned vegetable
- Canned fruit

dinner

- Pasta
- Pasta sauce
- Canned vegetable
- Canned meatball

breakfast

- Box of cereal
- Shelf-stable milk
- Canned fruit or 100% fruit juice

lunch

- Peanut butter
- Jelly
- Rice cakes
- Canned vegetable
- Canned fruit

dinner

- Rice
- Canned chicken
- Canned vegetable
- Seasoning packet

